

# ERIC K. LAYLAND, PhD

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## EDUCATION

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### The Pennsylvania State University

- 2020 PhD Human Development & Family Studies  
Chairs: Jennifer Maggs and Bethany Bray  
Dissertation: Leveraging latent class modeling at the intersection of racism and homonegativism: Identifying subgroups of Black and Latino sexual minority young men and links with substance use
- 2018 MS Human Development & Family Studies  
Chair: Nilam Ram  
Thesis: Association of leisure boredom and risky sexual debut during adolescence

### Brigham Young University

- 2013 MS Youth & Family Recreation
- 2011 BS Recreation Management and Youth Leadership

## ACADEMIC AND PROFESSIONAL POSITIONS

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- 2020-present Post-doctoral Fellow, Yale University  
NIMH T32 Yale AIDS Prevention Training (Y-APT)  
Center for Interdisciplinary Research on AIDS
- 2018-2020 Research Assistant, The Pennsylvania State University  
Center for Complex Data to Knowledge in Drug Abuse and HIV Behavioral Science (“The Methodology Center”)
- 2016-2018 Pre-doctoral Fellow, The Pennsylvania State University  
NIDA T32 Prevention and Methodology Training (PAMT)  
Prevention Research Center & The Methodology Center
- 2009-2015 Event and Program Coordinator, Provo City

## PEER REVIEWED PUBLICATIONS

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13. **Layland, E. K.**, Exten, C., Mallory, A., Williams, N. D., & Fish, J. N. (Accepted). Suicide attempt rates and associations with discrimination are greatest in early adulthood for sexual minority adults across diverse racial and ethnic groups. *LGBT Health*.

12. **Layland, E. K.**, Carter, J. A., Perry, N. S., Cienfuegos-Szalay, J., Nelson, K. M., Peasant-Bonner, C., & Rendina, H. J. (Accepted). A systematic review of stigma in sexual and gender minority health interventions. *Translational Behavioral Medicine*.
11. Stone, G. A., Harris, B., Duffy, L. N., Billy, T., Kelly-Prior, B., Kivel, D., Schmalz, D. L., **Layland, E.**, & Mowatt, R. (Accepted). Implicit attitudes and the challenge of becoming a reflexive leisure scholar. *Leisure Sciences*.
10. Hidalgo, M., **Layland, E. K.**, Kubicek, K., & Kipke, M. D. (2019). Sexual racism, psychological symptoms, and mindfulness among ethnically/racially diverse young men who have sex with men: A moderation analysis. *Mindfulness*, *11*(2020), 452-461 1-10. DOI: 10.1007/s12671-019-01278-5
9. Kipke, M., Kubicek, K., Wong, C., Akinyemi, D., Robison, Y. A., Hawkins, W., Rice, C. E., **Layland, E.**, Bray, B., & Belzer, M. (2019). The Healthy Young Men's Cohort Study: Study design and methodology. *Journal of Medical Internet Research*, *8*(1), 1-14. DOI: 10.2196/10738
8. **Layland, E. K.**, Calhoun, B. H., Russell, M. A., & Maggs, J. L. (2019). Is alcohol and other substance use reduced when college students attend alcohol-free programs? Evidence from a measurement burst design before and after legal drinking age. *Prevention Science*, *20*(3), 342-352. DOI: 10.1007/s11121-018-0877-6
7. **Layland, E. K.**, Hodge, C. J., Glaza, M., & Peets, J. (2019). Rethinking leisure time use metrics: Greater diversity in shared sibling leisure is associated with higher relationship quality during emerging adulthood. *Journal of Social and Personal Relationships*, online first, 1-22. DOI: 10.1177/0265407519867771
6. Duerden, M. D., **Layland, E. K.**, Lancanienta, A., Hodge, C. J., Goates, M. C., & Edwards, E. B. (2019). Reporting quantitative methods and findings: Best practices fidelity in leisure scholarship. *Leisure Sciences*, online first, 1-16. 342-352. DOI: 10.1080/01490400.2019.1571969
5. Duerden, M. D., **Layland, E.**, Petriello, M., Stronza, A., Dunn, M., & Adams, S. (2018). Understanding the unique adolescent study abroad experience. *Journal of Hospitality, Sport, and Tourism Education*, *23*, 18-28. DOI: 10.1016/j.jhlste.2018.04.004
4. **Layland, E. K.**, Stone, G. A., Mueller, J. T., & Hodge, C. J. (2018). Injustice in mobile leisure: A conceptual exploration of Pokémon Go. *Leisure Sciences*, *40*(4), 288-306. DOI: 10.1080/01490400.2018.1426064
3. **Layland, E. K.**, Hill, B., & Nelson, L. (2018). Freedom to explore the self: How emerging adults use leisure to develop identity. *Journal of Positive Psychology*, *1*(13), 78-91. DOI: 10.1080/17439760.2017.1374440

2. Hodge, C. J., Duerden, M., **Layland, E. K.**, Lacanienta, A., Goates, M. C., & Niu, X. M. (2017). The association between family leisure and family quality: A meta-analysis. *Family Theory & Review*, 9(3), 328-346. DOI: 10.1111/jftr.12202
1. Taff, D. B., Hodge, C., **Layland, E.**, Costigan, H., & Gorske, J. (2017). Music at the Monument: Research informing outcomes of veteran and youth-focused Healthy Parks Healthy People event. *George Wright Forum*, 34(1), 73-85.

### **MANUSCRIPTS UNDER PEER REVIEW**

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6. Earnshaw, V. A., Eaton, L. A., Watson, R. J., Brousseau, N. M., **Layland, E. K.**, Berman, M., & Wiginton, J. M. (Under review). Sexual orientation outness and HIV/STI stigma over first year post-HIV/STI diagnosis among Black sexual minority men.
5. Berman, M., Eaton, L. A., Watson, R. J., Earnshaw, V. A., **Layland, E. K.**, & Wiginton, J. M. (Under review). Factors Associated with disclosure of sexual orientation among Black sexual minority men.
4. Cooper, D. K., Bámaca-Colbert, M. Y., **Layland, E. K.**, Simpson, E., & Bayly, B. (Under review). Identifying subgroups of Latinxs exposed to lifetime adversity: Links to adult mental health problems.
3. **Layland, E. K.**, Ram, N., Caldwell, L. L., Smith, E. A., & Wegner, L. (Under review). Association between leisure boredom and sexual debut and accompanying sexual risks.
2. **Layland, E. K.**, Caldwell, L. L., Ram, N., Smith, E., Wegner, L., & Jacobs, J. J. (Under review). Adolescent substance use behavior change through school intervention is improved by teacher and school implementation support together, especially for girls.
1. **Layland, E. K.**, Peets, J. O., Hodge, C. J., & Glaza, M. (Under review). Exploring sibling relationship quality in the context of digital leisure and geographic distance.

### **MANUSCRIPTS IN PREPARATION**

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4. **Layland, E. K.**, Bray, B. C., Maggs, J. L., & Kipke, M. D. Latent class analysis as a tool for intersectional public health research: Racism, homonegativity, and health among Black and Latino sexual minority young men.
3. Hsueh, L., **Layland, E. K.**, Kipke, M. D., & Bray, B. C. Discrimination, internalized homonegativity, and healthcare system distrust among young men of color who have sex with men: Evidence from the Healthy Young Men's Cohort (HYM) Study.
2. Bray, B. C., **Layland, E. K.**, Lanza, S., & Dennis, M. Estimating the effects of a complex, multidimensional moderator: An example of latent class moderation to examine differential intervention effects of drug abuse services.

1. Van Doren, N., **Layland, E. K.**, Mahlobo, C., & Bray, B. C. Coping with racial discrimination: Person-centered coping profiles moderate the association between discrimination and mental health in African Americans.

## **RESEARCH FUNDING**

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- 2020-2022 Interdisciplinary HIV Prevention Training Program. National Institute of Mental Health. Center for Interdisciplinary Research on AIDS, Yale University. (T32 MH020031; PI: T. Kershaw). Funded individual budget: \$129,480.
- 2016-2018 Prevention and Methodology Training. National Institute on Drug Abuse. The Methodology Center and The Prevention Research Center, The Pennsylvania State University. (T32 DA017629; PI: L. Collins). Funded individual budget: \$55,620.
- 2016-2017 Identity as a protective factor in a substance use prevention program for adolescent dropouts in South Africa. Penn State Africana Research Center (**PI: E. Layland**). Funded budget: \$1,500.
- 2017 Considering leisure as an additional context for exploring identity in emerging adulthood. Penn State Global Programs (**PI: E. Layland**). Funded budget: \$750.
- 2012-2013 Emerging adulthood in Europe—The two-edged sword of leisure pursuit. Brigham Young University’s Mary Lou Fulton Research Innovation Endowment (**PI: E. Layland**). Funded budget: \$4,200.

## **SELECT PEER REVIEWED PRESENTATIONS**

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15. **Layland, E. K.**, Fish, J. N., Exten, C., Mallory, A., & Williams, N. (April, 2021). Suicide attempt rates and association with discrimination are highest in early adulthood for diverse sexual minorities. Research talk submitted to the Society for Behavioral Medicine 41<sup>st</sup> Annual Meeting and Scientific Sessions. Virtual Conference.
14. **Layland, E. K.**, Chan, L. S., Cassidy, E., & Rosenberger, J. G. (2020, May). Mapping inequitable distribution of HIV prevention resources by race/ethnicity, neighborhood, and age among sexual minority men. In B. C. Bray (Chair), *Increasing health equity for diverse populations: Place-Based etiology, intervention, and implementation*. Symposium accepted for presentation to the Society for Prevention Research Annual Meeting. Washington, DC. \*Not presented due to COVID19 conference cancellation.
13. **Layland, E. K.** (2020, May). Socioemotional and substance use outcomes among sexual minority Men of Color experiencing sexual racism. In N. Parr (Chair), *The Importance of considering multiple minority identities among youth and young adults to reaching prevention goals*. TEDTalk accepted to Society for Prevention Research Annual Meeting. Washington, DC. \*\*Abstract of Distinction. \*Not presented due to COVID19 conference cancellation.

12. **Layland, E. K.**, Bray, B. C., & Kipke, M. D. (2020, April). Experiences and health correlates of discrimination are not universal: Stress, racism, and homonegativity as determinants of drug use among diverse sexual minority men. In **E. K. Layland** (Chair), *Social and structural determinants of alcohol and drug use among racially and ethnically diverse sexual and gender minorities*. Symposium accepted for presentation to the Society for Behavioral Medicine Annual Meeting. San Francisco, CA. **\*\*Highest scored student symposium in HIV and related topics** \*Not presented due to COVID19 conference cancellation.
11. **Layland, E. K.**, Hidalgo, M., Kubicek, K., & Kipke, M. D. (2020, April). Sexual racism hurts, but mindfulness can help: Mindfulness moderates discrimination's effect on mental health for Black and Latino men who have sex with men. In **E. K. Layland** (Chair), *From stigma to psychological and behavioral health among populations impacted by HIV*. Symposium accepted for presentation to the Society for Behavioral Medicine Annual Meeting. San Francisco, CA. \*Not presented due to COVID19 conference cancellation.
10. **Layland, E. K.**, Chan, L. S., Cassidy, E., & Rosenberger, J. G. (2020, April). Mapping inequitable distribution of HIV prevention resources by race/ethnicity, neighborhood, and age among men who have sex with men. In **E. K. Layland** (Chair), *To end the HIV epidemic, we must consider intersectional approaches to health for sexual and gender minorities of Color*. Symposium accepted for presentation to the Society for Behavioral Medicine Annual Meeting. San Francisco, CA. \*Not presented due to COVID19 conference cancellation.
9. **Layland, E. K.**, Chan, L. S., Cassidy, E., & Rosenberger, J. G. (2019, June). Geo-spatial network mapping to examine HIV/STI prevention among men who have sex with men. Paper presented at the Australia Public Health Prevention Conference. Melbourne, Australia.
8. **Layland, E. K.**, Kipke, M. D., Bray, B. C., & Kubicek, K. (2019, May). Unpacking the effects of stress and discrimination on substance use: Similarities and differences among Latino, Black, and Multi-Racial/Ethnic young men who have sex with men. Poster presented at the 2019 National LGBTQ Health Conference: "Bridging Research and Practice," Atlanta, GA.
7. **Layland, E. K.**, Bray, B. C., Kubicek, K., Bhandari, S., & Kipke, M. D. (2019, May). Drug use patterns among young men of color who have sex with men. Poster presented at the Society for Prevention Research 27<sup>th</sup> Annual Meeting: "Prevention Science in a Big Data World." San Francisco, CA.
6. **Layland, E. K.**, Potter, L. N., Rosenberger, J. G., Schnarrs, P. W., Mimiaga, M. J., & Biello, K. B. (2019, March). Attenuating the link between discrimination and psychopathology in Latin American gay men. Paper presented at the Society for Behavioral Medicine Annual Meeting. Washington, DC.
5. **Layland, E. K.**, Calhoun, B., Maggs, J., & Russell, M. (2017, November). Campus-led alcohol free programs as a prevention strategy for emerging adults attending university.

Paper presented at the biennial meeting of the Society for the Study of Emerging Adulthood. Washington, D.C.

4. **Layland, E. K.**, Caldwell, L. L., Ram, N., & Wegner, L. (2017, June). Using boredom to compare competing risks in adolescence. In L. L. Caldwell (Chair), *Pathways, profiles, and predictors of adolescent sexual behavior explained through diverse methods*. Symposium presented at the annual meeting of the Society for Prevention Research. Washington, D.C. \*\*Abstract of Distinction
3. **Layland, E. K.**, Hodge, C. J., & Godbole, N. (2017, May). Sibling relationships in emerging adulthood: Shared leisure and relationship quality. Paper presented at the Canadian Congress on Leisure Research. Kitchener, Ontario, Canada.
2. **Layland, E.**, Hill, B. J., & Nelson, N. J. (2017, May). Considering leisure as an additional context for exploring identity in emerging adulthood. Paper presented at the International Society for Research on Identity Conference. Groningen, Netherlands
1. **Layland, E.K.**, Hill, B., & Nelson, L.J. (2015, October). Exploring free time and leisure in emerging adulthood. In S.E. Brewer (Chair), *Moral and positive development*. Paper presented at the biennial meeting of the Society for the Study of Emerging Adulthood. Miami, FL.

## **TEACHING EXPERIENCE**

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### **Instructor**

The Pennsylvania State University

- 2017            Leisure and Human Behavior (RPTM 120, Online), World Campus  
2016            Leisure and Human Behavior (RPTM 120)

### **Invited Lecturer**

The Pennsylvania State University

- 2018-2020    Adolescent Development (HDFS 239)  
                  "Sexual Identity Development in Adolescence"
- 2015-2016    Program Evaluation and Research Methods (RPTM 433)  
                  "Qualitative Methods"  
                  "Research and Evaluation in Community Programs"

University of Utah

- 2019            International Affairs and Global Enterprise (IAGE 6800)  
                  "LGBT Rights as a Global Social Movement"

### **Teaching Assistant**

Brigham Young University

- 2012-2013    Event and Experience Management (RECM 420)  
2012            Inclusive Recreation (RECM 307)

2011 Leisure in Contemporary Society (RECM 301)

## **AWARDS AND HONORS**

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2020-present Yale AIDS Prevention Training Fellow. National Institute of Mental Health T32.  
2020 Abstract of Distinction. Society for Prevention Research.  
2019 LGBTQA Alumni Interest Group Award. Penn State LGBTQA Resource Center.  
2019 LGBTQ National Health Conference Scholarship.  
2019 Student Travel Award. Society for Behavioral Medicine Annual Meeting.  
2016-2018 Prevention & Methodology Predoc Fellow. National Institute on Drug Abuse T32.  
2017-2018 Ruth W. Ayres-Givens Scholar. Penn State.  
2017-2018 Herberta M. Lundegren Scholar. Penn State.  
2017 Abstract of Distinction. Society for Prevention Research.  
2017 Global Student Travel Grant. Penn State Global Programs.  
2014 Future Scholar of the Year. The Academy of Leisure Sciences.  
2014 Outstanding Young Professional. Central Utah Recreation & Parks.  
2012 Outstanding Graduate Student. Brigham Young University.  
2012 TED Talks 2<sup>nd</sup> Runner Up. Brigham Young University.  
2012 Graduate Student of the Year. Utah Recreation & Parks Association.

## **PROFESSIONAL AND PUBLIC SERVICE ACTIVITIES**

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### **Service to the Department**

2019-2020 Faculty Search Committee. Penn State Consortium to Combat Substance Abuse.  
2019 Recruitment Ambassador. Penn State Human Development & Family Studies.  
2018-2019 Graduate Student Chair. Inclusion, Diversity, & Equity Committee.  
2017-2018 Co-Chair. Diversity in Research Colloquium.  
2017-2018 Chair. First Year Graduate Student Mentoring Program.  
2017 Facilitator. "Managing Online Presence" Workshop for PhD students.

### **Service to the University**

2019-2020 Board Member. Student Advisory Board. Penn State University Health Services.  
2017-2020 Grad Student Representative. Penn State Sexual & Gender Minority Health SIG.  
2015-2020 Sexual & Gender Diversity Panel Moderator. Penn State Student Voice Outreach.  
2015-2020 Undergraduate Mentor. Penn State Center for Sexual & Gender Diversity.  
2018-2019 Coordinator. Mixture Modeling SIG, Penn State Methodology Center.  
2017-2018 Executive Council. Penn State Presidential Commission for LGBTQ Equity.

### **Service to Professional Organizations**

2019-2020 Student/Trainee Chair. HIV & Sexual Health SIG, Society for Behavioral Medicine.  
2019-2020 Conference Abstract Reviewer.  
Society for Prevention Research  
American Psychological Association, Division 44  
2016-2020 Ad hoc Reviewer, Peer-refereed Journals.  
*Development and Psychopathology*

*Journal of Adolescent Health*  
*Journal of Adolescent Research*  
*Journal of Psychiatric Research*  
*Men's Health*  
*Pediatrics*  
*PLOS One*  
*Identity*  
*Social and Personal Relationships*  
*Translational Behavioral Medicine*